

2024 WELLNESS VISIT INCENTIVE



The **2024 Wellness Visit Incentive** program offers all employees an incentive to see their doctor for their annual preventative visit. Employees who provide proof of their annual preventative visit will receive a Wellness Visit Incentive of **\$200** (less applicable taxes and deductions).

Today, approximately 40% of our insured employees have not had an annual preventative visit in the last year. The population of people who do not take advantage of these visits with their doctors is at a higher risk for developing serious medical conditions. Data tells us that the earlier medical issues are caught, the easier and less costly they can be to address. For example, a routine blood test would usually check for indications of diabetes.

SME believes it is in everyone's best interest to have an annual preventative visit with the primary doctor of their choice. This is an investment in the health of our employees and an effort to contain the rising costs of health care for everyone. We will offer this incentive to all employees—not just those enrolled in the SME medical program—because we want everyone to be healthy while working together to cope with the ever-increasing costs of health care. And don't forget: members enrolled in one of SME's medical plans can receive their annual preventative visit from in-network providers at no cost!

HAVE YOU BEEN TO YOUR DOCTOR LATELY?

Get back on track with your preventive medical care.

REASON #1



Annual well-visits allow you to know your numbers & assess your risk for future health problems even if you're currently free of symptoms or complaints.

REASON #2

Well-visits allow you to establish an ongoing relationship with your clinician for personalized care and ease of talking about uncomfortable issues.



REASON #3



Well-visits allow you to make sure you're up-to-date on your vaccinations and give you a chance to review your prescriptions, which can help prevent future health problems.

REASON #4

Employees who provide proof of their annual preventative visit will receive a Wellness Visit Incentive of \$200!



DEADLINES:

Annual preventative visit must occur between January 1 and December 1, 2024.

Reimbursements will be made via direct deposit, via payroll on a quarterly basis. The schedule is as follows:

- Proof of visit for Q1 due **by Friday, April 5** for payment on April 12
- Proof of visit for Q2 due **by Friday, July 12** for payment on July 19
- Proof of visit for Q3 due **by Friday, October 4** for payment on October 11
- Proof of visit for Q4 due **by Friday, November 29** for payment on December 6
- No proofs of visit will be accepted for 2024 after December 1, 2024.