

Year: 2024

Quarter: 1

Summary:

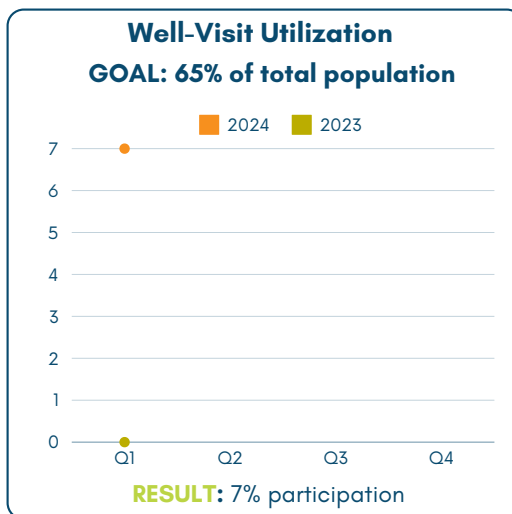
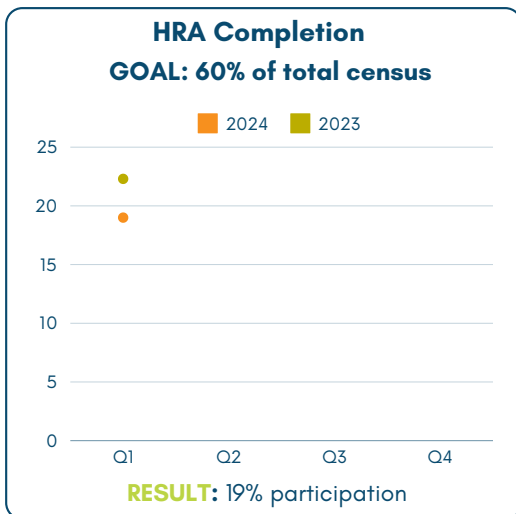
HRA Completion

At 19% completion in Q1, we are below the targeted rate of 60% for the year. However, with strategic interventions and increased efforts in Q2, we aim to boost the completion rate to 30%.

Completed Well-Visit

The Q1 utilization rate of 7% falls short of the yearly goal of 65%. We aim to increase utilization to 15% in Q2. Strategic initiatives have the potential to drive significant improvements in utilization rates.

Note: rates are from Wellness Portal, not Lens data



Reward Points Program

	Winners
Q1 Winners	Stephen Dargis Patrick O'Connor Michael Podsiad Dawn Bittner Ean Ridley Christine Flowers

Health Hub Views

Quarter 1:

17 views

Active
Users: **19%**

Census: 159

Points Tracked

Quarter: 19,376

Avg Points Per User: 646

Wellness Events Summary:

Challenges:

March: Them Bones

- # of Total Participants Registered: 3
- # of Total Participants Reached Final Milestone: 3

Presentations: (Recordings)

March: Aging and Your Health

Upcoming Events for Q2:

Challenges:

May: 6th Annual Strive Corporate Challenge

Presentations:

April: Bone Health (Recording)

June: Meditation Moment - 6/12 - 2-230PM EST

2024 GOALS/STRATEGIES

2024 Goals & Strategies

Health Screening

RAS Health Coaching: 100% of RAS enrollees complete program

Health Screening Participation: 60% of Census

Strategies

- Pre- and post-screening webinars
- Outbound calls to help employees sign up for their screening
- Post health screening event “next step” email
- Postcard & Brochure with QR code
- Add health Hub link to Employee Navigator
- Continue screenings during October, November, December timeframe

Employee Engagement

Well-Visit Utilization: 65% of total population

HRA Participation: 60% of total eligible census

Strategies

- AJAX Paving-Focused Monthly Communication
- Quarterly awareness campaigns for top health risks
- Continue Quarterly Pulse Checks
- Incentive to complete HRA & Well-Visit
- Presentations & Challenges that target top health risks
- Leadership participation
- Utilize Tango
- Well-Being Survey in September

Quarter 2 Goals & Strategies

Goal #1 HRA Completion: reach 30% by end of Q2

Strategies

- Implement targeted communication campaigns: Utilize emails, newsletters, and flyers to raise awareness about the importance of HRAs and the benefits they offer.
- Streamline the process: Simplify the HRA process to make it more user-friendly and accessible by providing communication and how-to steps
- Provide education: Offer educational sessions during webinars to address any concerns or misconceptions individuals may have about HRAs and their significance for overall health.

Goal #2 Well-Visit Utilization: reach 15% by end of Q2

Strategies

- Schedule reminders: Implement reminders through various channels (email, flyers, etc.) to prompt individuals to schedule and attend their well-visits.

