

Access Your Wellness Portal

1

VISIT: WWW.KAPNICKSTRIVE.COM

- Repeat participants, select "Log In" and enter existing username and password to access the Strive portal
- First-time participants, select "Sign-Up" and follow the steps below

2

ENTER LAST NAME, DOB, LAST 4 SSN

- Select lookup account
- Agree to terms & conditions

3

CREATE YOUR PROFILE

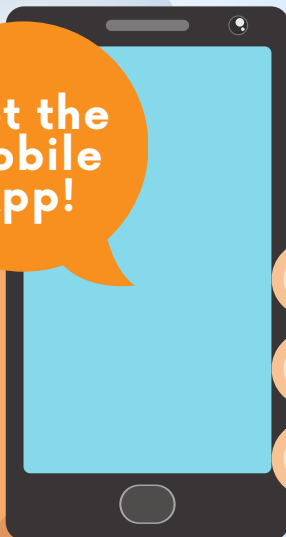
- Create a username and password
- Enter remaining information to complete your profile

4

COMPLETE THE HEALTH RISK ASSESSMENT

- Upon accessing the Strive portal for the first time in 2021, you will automatically be prompted to complete the HRA before advancing into the rest of the portal.

Get the
Mobile
App!



STEP 1

Go to your portal to get your mobile access code:

- Click on your avatar
- Select Mobile Access
- Select New
- Save your code



STEP 2

Visit your phone's app store and download **MyWellApp by CoreHealth** & enter your mobile access code after waiting 1-2 minutes.

