



Virtual Care 2024

Previously Blue Cross Online Visits™

Starting January 1, 2024:

- **Virtual Care** is replacing Blue Cross Online Visits and transitioning to the Teladoc Health app and web platform.
- The **Livongo** chronic condition management program will be integrated into the Teladoc Health app in 2024.

VIRTUAL CARE THAT'S ALWAYS THERE

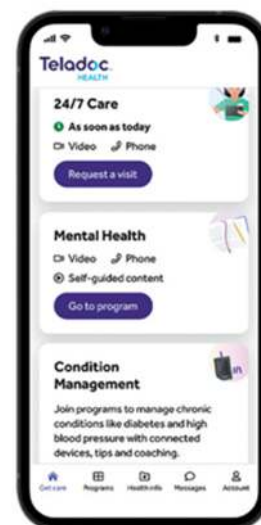
With **Virtual Care** by Teladoc Health, you and everyone on your health plan can get virtual medical and mental health care from a smartphone, tablet or computer.

24/7 ACCESS TO CARE TEAM

Have a virtual visit with a U.S. board-certified doctor for minor illnesses such as colds, sore throats, urinary tract infections and pink eye. Visits are available for adults and children and you don't need an appointment. Prescriptions, if needed, can be sent to your preferred pharmacy.

PRIVATE AND CONFIDENTIAL VIRTUAL MENTAL HEALTH CARE

With **Virtual Care** by Teladoc Health, you can have virtual visits with licensed therapists, psychologists, social workers and counselors, and U.S. board-certified psychiatrists from the comfort of home at a convenient time. This option requires an appointment and provides ongoing support for stressful situations or issues such as grief, anxiety and depression.



Use the QR code for additional information and how to sign up on the Teladoc Health app.