

# **PULSE CHECK**

**Client: Common Ground** 

**HRA Completion** 

GOAL: 30% of census

2024 2023

**Year: 2024** 

**Quarter: 1** 

#### **HRA Completion**

 HRA completion and log-ins are low in comparison to Q1 of 2023 (11%).
Completion may increase in Q2 with the HRA completion incentive raffle and engagement efforts.

**Summary:** 

### **Challenge Participation**

 The Snooze or Lose challenge had 16 participants, which wasn't far below the participation rate in Q1 of 2023 (5%), however, we would like to see this increase as the year continues.



## **Quarterly Winners - \$50**

**RESULT:** 6% of census

quarter 3

quarter 2

**Brenda Price** 

**Emily Norton** 

**Ashlee Murray** 

Isaac Stephenson

**Catherine Albert** 

## Challenge Winners - \$25

**RESULT:** 4% participation

quarter 1 quarter 2 quarter 3 quarter 4

Rebecca Wride

**Erin Schlitt** 

## Presentation Winners - \$25

\*No one tracked a Wellness Presentation in the Portal

#### **Overall**

 Health Hub utilization similar to 2023.

## **Monthly Email Stats**

March

Open Rate: 5.4%

**Total Clicks: 35** 

#### Health Hub Views

**Quarter: 17** 

**YTD: 17** 

Active 7%

Census: 362

#### **Total Points Tracked**

**Quarter: 13,498** 

YTD: 13,498

## **Wellness Activities Summary**

#### **Challenges:**

Snooze or Lose

- # of Total Participants Registered: 16
- # of Total Participants Reached Final Milestone: 16

#### **Presentations:**

The Relaxation Response

- # of Total Attendees: 0
- # of Recorded Views: 2

## **Upcoming Events**

#### **Challenges:**

6th Annual Strive Corporate Challenge

• 5/8 - 5/29

**Presentations:** 

## **2024 GOALS/STRATEGIES**

## 2024 Goals & Strategies

### Goal #1 HRA Completion: 30% of census

#### **Strategies**

- Home mailer
- New hire "Welcome to Strive" email & program guide
- · Continued email communications and marketing

## Goal #2 Challenge Participation: 20% of census participating

#### **Strategies**

- Additional reminder/encouragement emails during challenges
- Wellness committee/ambassadors in each location

#### **Overall**

#### **Strategies**

- Simplify rewards program
- On-site presence
- · Monthly member spotlight

## Quarter 2 Goals & Strategies

## Goal #1 HRA Completion: reach 15% by end of Q2% by end of Q2

#### **Strategies**

- HRA incentive raffle highlight in May and June monthly emails
- Implementation of new-fire "Welcome to Strive" emails
- Gather and share wellness testimonials

## Goal #2 Challenge Participation: reach 10% of census by end of Q2

#### **Strategies**

- Push consistent marketing prior to and during Strive Corporate Challenge; emphasize teamwork/team effort attitude
- Emphasize challenge raffle

