

Livongo means Living healthier at no cost to you



An advanced blood glucose meter and blood pressure monitor, plus the support you need. Available to you and offered by your employer or health plan.

Livongo for Diabetes

Connected meter
Unlimited strips and
lancets

Livongo for Hypertension

Connected monitor
One-on-one coaching

Livongo Healthy Living and Diabetes Prevention

Connected scale
Expert guidance

...And more programs!

Health experts
Personalized plans

Get started

Text **"GO BLUECROSSMI"** to 85240 to learn more and join

You can also join by visiting Go.Livongo.com/BLUECROSSMI/register
or call **800-945-4355** and use registration code: **BLUECROSSMI**

Las comunicaciones del programa Livongo están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al (800) 945-4355 o visite hola.livongo.com/BLUECROSSMI
Program eligibility varies. Visit our website to learn more.