

We'll help you past the roadblocks.

You have hopes, dreams and goals for your future. So, when you encounter bumps along the road, you'll be glad to know the *EmployeeConnect*SM program is on your side. Whether it's a helping hand during tough times or a bit of professional guidance, we're here for you with the support you need to keep moving forward.



With *EmployeeConnect*, help is available 24/7 for you and your dependents – at no additional cost to you – for:

- Depression
- Marital or family difficulties
- Managing stress and anxiety
- Substance abuse
- Legal and financial matters
- Locating child or elder care
- Moving and relocation
- Planning for college, events or vacation
- Family planning and pregnancy health



Take advantage of *EmployeeConnect*SM

For more information about the program, visit [GuidanceResources.com](https://www.guidanceresources.com), download the *GuidanceNow*SM mobile app or call 888-628-4824.

GuidanceResources.com login credentials:

Username: LFGSupport Password: LFGSupport1



Scan the QR code to learn more about how *EmployeeConnect*SM services can help!