

Earning Your 2026 Wellness Incentive



STEP 1: COMPLETE YOUR HEALTH RISK ASSESSMENT (HRA)

All employees and their spouses are required to complete their Health Risk Assessment through the wellness portal at www.kapnickstrive.com/walbridge. This step **MUST** be completed in order to receive the wellness incentive.

STEP 2: PARTICIPATE IN THE HEALTH SCREENING & MEET CRITERIA

Participants who complete the 2025 health screening are automatically incentive eligible if they meet one of the below criteria:



If you are a repeat participant and **DID NOT score 70 or higher OR increase your score by 5 points**, you may enroll in the 6-week RAS Health Coaching program to earn your incentive:



Want to enroll in the RAS Health Coaching program? Contact:

877-233-2296
strive@kapnick.com



Important RAS Deadline

Please enroll in the RAS program by December 19, 2025 and completed by February 14, 2026.

Wellness Incentive

Incentive: Participating Team Member and spouses will receive a wellness incentive in the form of a lower premium rate.

COMPLIANT LEVEL 4	<ul style="list-style-type: none"> Team Member only coverage - Team Member is compliant; or Team Member/spouse covered - both are compliant
COMPLIANT LEVEL 3	<ul style="list-style-type: none"> Team Member/spouse covered - both participate and one party compliant
COMPLIANT LEVEL 2	<ul style="list-style-type: none"> Team Member only coverage - Team Member participates Team Member/spouse covered - both participates OR one party compliant and second party is non-participant
COMPLIANT LEVEL 1	<ul style="list-style-type: none"> Team Member/spouse covered - one party participates

NOTICE:
THESE ARE NOT
THE 2026 RATES.
EXAMPLE
ONLY

Team Member Bi-Weekly Contributions: Includes Medical & Wellness

	COMPLIANT LEVEL 4	COMPLIANT LEVEL 3	COMPLIANT LEVEL 2	COMPLIANT LEVEL 1	NON-PARTICIPANT(S)
Team Member Only	\$41.35	N/A	\$77.52	N/A	\$113.70
Team Member + Child	\$82.68	N/A	\$169.49	N/A	\$256.30
Team Member + Spouse	\$82.68	\$126.09	\$169.49	\$212.90	\$256.30
Team Member + Children	\$112.62	N/A	\$221.13	N/A	\$329.64
Family	\$112.62	\$166.87	\$221.13	\$275.38	\$329.64

Note: Lowest rates are automatically set at Level 4 in the Navigator portal. Please reference your paystub for final rates and surcharge, if applicable.