

Best Practices for Plan Changes

Changing insurance plans can be scary. Whether it's the beginning of a new plan year, or you've recently changed jobs, the following information can help you make informed decisions and ease the transition.



Reviewing Your Resources

No matter how you enroll, there will be resources available to you before, during, and after benefit enrollment to help you make informed decisions. These resources can be benefit summaries, benefit guides, or even your HR team.



Verifying Provider Eligibility

More than likely, you already have doctors that you visit regularly. Call their office to verify that they take your new insurance plan. The name of your plan can be found on your insurance card. Remember to bring your new insurance card and ID to your next appointment!



Medication Coverage

There is a chance that the cost of your medications has changed. Have a list of your current medications ready and call your insurance provider to check for cost changes. In addition, ask if your current pharmacy is accepted.



Proper Identification

Don't get mixed up—once your new plan begins, dispose of your old insurance cards by chopping them up and throwing them away in the proper receptacle. Keeping the proper ID cards in your wallet ensures correct billing and saves you from future headaches!



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