

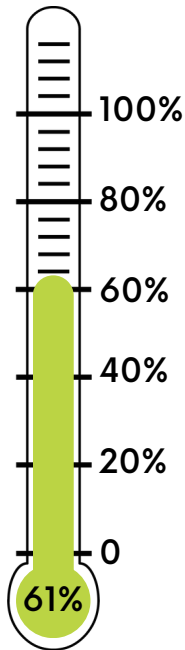
PULSE CHECKS

Client: Eversight

Quarter: 3

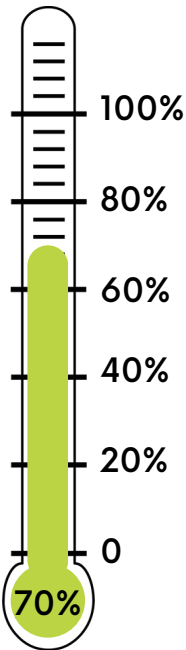
Eligible
Population:
172

Q3: 34
YTD: 105



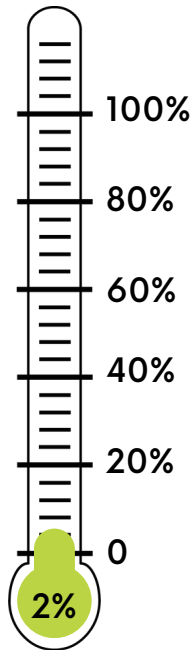
Active
Users

Q3: 15
YTD: 120



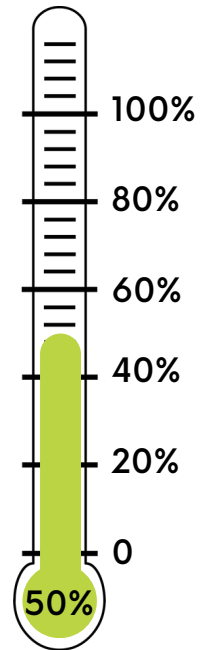
Completed
HRA

Q3: 0
YTD: 4



Completed
Well-Visit

Q3: 0
YTD: 86



Reached
1000 Points

Reward Point Winners

Structure	Raffle of highest point earners; 5 gift card winners
Q2 Winners	Patricia Engler Mackenzie Mohr Sara Olson Sarina Roman Bret Hopman
Q3 Winners	Emily Michalak Kara Kelly Onkar Sawant Lynn Bly Cathy McClory



Total Points Tracked

YTD: 261,282

Health Hub Analytics

Page Views: 11

Bounce Rate: 44.4%

Time per Page View:

48 seconds



End of Quarter Summary

Challenges:

Summer Fun Challenge

- # of Total Participants Registered: 27
- # of Total Participants Reached Final Milestone: 10

Presentations:

Breaking Burnout

- Summary: How to identify, prevent, and alleviate work-related burnout.
- # of Attendees: 3

Other Event Details:

Executive Review: 8/15

QUARTER 4 GOALS/STRATEGIES

Upcoming Events:

- Presentation – Financial Wellness: 11/2, 12:00 – 1:00 PM
- Challenge – Disconnect & Reconnect: 12/1 – 12/15

Goals/Strategies:

- Diabetes:
 - Strategies: Prediabetes/diabetes awareness campaign in November; push Omada/Livongo resources; optional – swap November Financial Wellness presentation for Nutrition 101 or Sugar Busters
- Heart Health:
 - Strategies: Cholesterol/blood pressure campaign in December
- Nicotine Use:
 - Strategies: Nicotine cessation campaign in January 2024; smoking-area resource flyers
- Portal Engagement – Goal: 50% active users per quarter
 - Q1: 23%
 - Q2: 64%
 - Q3: 20%
 - Strategies: guide participants to portal in all Strive communications; push App utilization
- Tracked Presentations – Goal: 40%
 - End of Q2: 4 (2%)
 - End of Q3: 4 (2%)
 - Strategies: Reminder with portal QR code during the presentation; reminder when sending the presentation recording; on-site presentations (streamed from Ann Arbor location)

2023 Overall Goals/Strategies:

- Promote challenges/presentations that focus on heart health, diabetes, nutrition, etc.
- On-site wellness ambassador(s); participant testimonials
- Needs & Interest Survey, with focus on non-screening participants
- Increased integration of Health Hub with regular communications