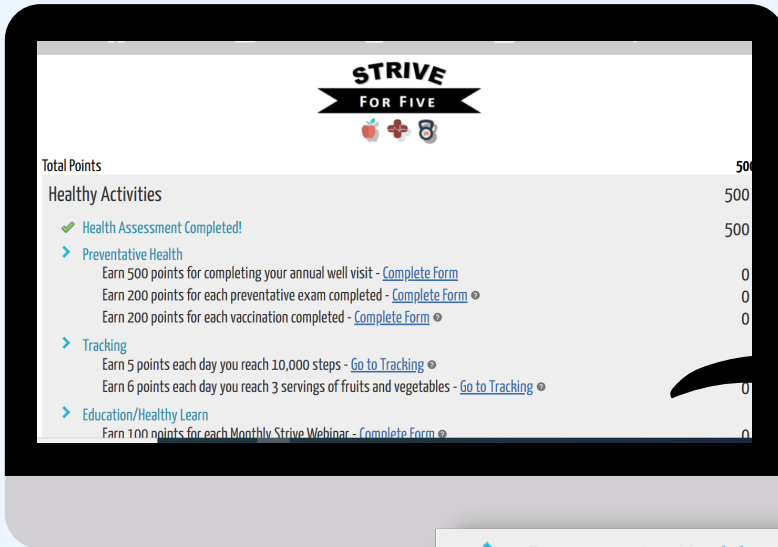


How to Submit Your Annual Well-Visit Form

1. Go to kapnickstrive.com/GKUPI and log in or create an account.
2. Scroll down on the homepage until you see the points program.

3. Go to "Earn 500 Points for Completing Your Annual Well Visit" and click on "Complete Form."



> Preventative Health

- Earn 500 points for completing your annual well visit - [Complete Form](#)
- Earn 200 points for each preventative exam completed - [Complete Form](#)
- Earn 200 points for each vaccination completed - [Complete Form](#)

4. Click "Complete Form", fill out the required information, submit your completed well-visit form signed by your physician under "Optional: Upload verification of visit for your records" and hit "Finish." **Well-visits must be completed between 1/01/2022-12/01/2022 to be accepted.**

The screenshot shows the 'Annual Physical Proof of Completion Form' from Gallagher Kaiser UPI. The form includes the following fields and instructions:

- Annual physical date:** A date picker field.
- Name of physician:** A text input field.
- Optional: Upload verification of visit for your records (ex. Receipt, appointment card, etc.) No personal health information is required:** A file upload area with a 'Select files...' button.
- Acknowledgement:** A checkbox for 'By checking this box I acknowledge that I have completed my annual physical'.

QUESTIONS? CONTACT EMMA.VOLKERT@KAPNICK.COM