

KAPNICK STRIVE JANUARY WEBINAR

DESIGNING YOUR BEST YEAR YET

We all have goals, some big, some small, some safe, and some bold. To learn more about the impact of proper goal-setting on your total well-being and strategies to get there , tune into the monthly Strive webinar.

Date: Wednesday, January 31, 2024 **Time:** Noon - 12:30 pm EST

Location: For Microsoft Teams login info, please register or scan the QR code below.

<https://info.kapnick.com/strive-library>



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