

National Migraine & Headache Awareness Month

June is National Migraine and Headache Awareness Month (MHAM), an opportunity to raise awareness about migraine and other headache diseases.



40 Million

Migraine impacts over forty million people in the United States, and is recognized as the #2 global cause of years lived with disability.



100 Million

Americans will experience at least one migraine attack over their lives.



Only a little more than half of Americans with migraine have been diagnosed.

To learn more, go to

migraineheadacheawarenessmonth.org

