

# How to Download the App:

## STEP 1

Visit  
[www.kapnickstrive.com](http://www.kapnickstrive.com) to  
get your  
mobile access code:

- Click on your avatar
- Select Mobile Access
- Select New
- Save your code



## STEP 2

Visit your phone's app  
store and download  
**MyWellApp by  
CoreHealth**  
& enter your mobile  
access code after waiting  
1-2 minutes.



**That's it -  
you're all  
set!**

**Access your  
portal any  
place, any  
time.**

