

# Create Your Aspire Wellness Portal Account



1

## VISIT: [WWW.KAPNICKSTRIVE.COM/MCCHASPIRE](http://WWW.KAPNICKSTRIVE.COM/MCCHASPIRE)

- Repeat participants, select "Log In" and enter existing username and password to access the Aspire portal
- First-time participants, select "Sign-Up" and follow the steps below

2

## ENTER LAST NAME, DOB, LAST 4 SSN

- Select lookup account
- Agree to terms & conditions

3

## CREATE YOUR PROFILE

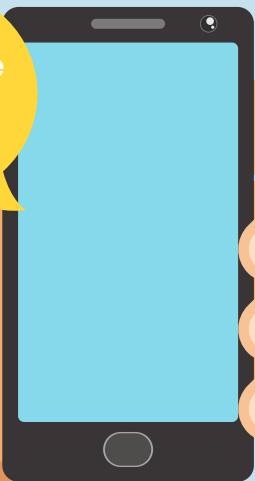
- Create a username and password
- Enter remaining information to complete your profile

4

## COMPLETE THE HEALTH ASSESSMENT

- Upon accessing the Aspire portal for the first time in the calendar year, you will automatically be prompted to complete the HA before advancing into the rest of the portal.

Get the  
Mobile  
App!



### STEP 1

Go to your portal to get your mobile access code:

- Click on your avatar
- Select Mobile Access
- Select New
- Save your code



### STEP 2

Visit your phone's app store and download **MyWellApp by CoreHealth** & enter your mobile access code after waiting 1-2 minutes.



# Kapnick Strive Frequently Asked Questions

1

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