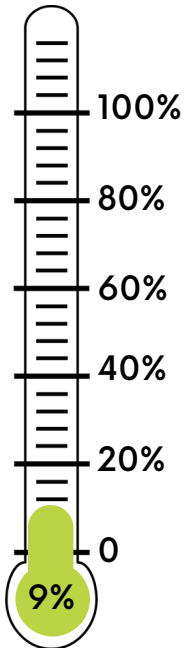


PULSE CHECKS

Client: MCCH

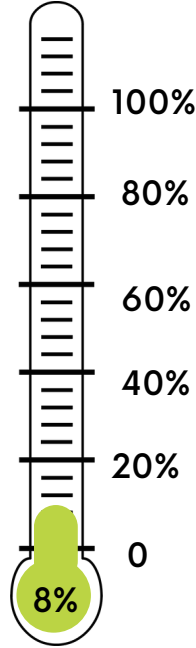
Quarter: 4

Q4: 52
YTD: 136



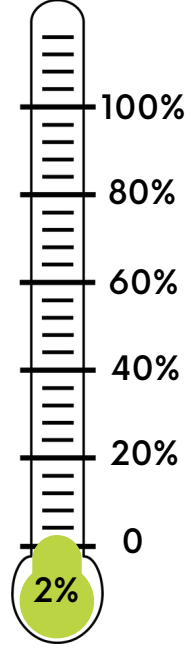
Active
Users

Q4: 15
YTD: 124



Completed
HRA

Q4: 6
YTD: 32



Completed
Well-Visit

Health Hub Analytics

Page Views: 2

Bounce Rate: 100%

Time per Page View: 0 seconds



Total Points Tracked

Q4: 1,600

YTD: 12,300



End of Quarter Summary

Challenges:

Maintain Don't Gain

- # of Total Participants Registered: 7

Presentations:

N/A

Other Event Details:

Benefits Fair - 12/13

Campaign Details:

N/A

QUARTER 1 GOALS/STRATEGIES

Upcoming Events:

- Challenge – Going for Growth: 2/5 – 2/29
- Presentation – Lifestyle, Not a Diet: March

Goals

- Active Users
 - 2023 Goal: 15%
 - 2023: 9%
- Challenge Participation
 - 2023: 20 per challenge
 - 2023: Average 16 per challenge

Strategies: 1 email per month with links to all relevant information (Health Hub, portal instructions, reward information, Weight management guide, link to register for presentations, etc.)

2024 Overall Goals/Strategies:

- Focus Strive events on the top risk factors
- 1 page leadership guide for supporting employee wellness
- Employee Needs & Interest survey
- On-site presence
- Increased awareness campaign