

mellie *Compassionate Elder Care - All in one place*

Caring for a parent or elderly family member is one of the most important things you will ever do. It can be complex, costly and challenging - but you don't have to do it alone.

Whether you are just starting to plan or already identify as a caregiver, Mellie is here for you.

Meet Mellie

Mellie is your comprehensive solution to manage elder care. Your dedicated care coordinator and our easy-to-use online platform help create a quality care plan, find the right resources, and seamlessly coordinate care with all those involved to ensure your loved one is getting the compassionate attention they deserve.

Working with Mellie is easy!

- 1 Complete our short Intake Assessment form, which will help us get to know your needs and those of your loved one.
- 2 Connect with a Mellie Care Coordinator so that we can develop a customized care plan with you.
- 3 Access the Mellie App to view your care plan and curated resources and to coordinate care using the calendar, message center and other tools.
- 4 Mellie is here to support you as needs change. Your Mellie Care Coordinator is available to guide you and update your care plan as changes occur in your loved one's situation

Support Areas

- Home care
- Home safety
- Housing options
- Transportation
- Life Planning Activities
- Medical Advocacy
- Caregiver Support
- Assistive Devices & Technology
- And more

Contact Mellie Today & Get Started!

careteam@mellie.com

415-839-9139, ext 3

www.mellie.com

The Mellie Care Team has over 25 years of experience working in elder care. With backgrounds in social work and public health, we are passionate about supporting family caregivers.



What can Mellie do for me?
I don't know if Mellie can help me.



If you have an older adult in your life, then Mellie is for you.

Contact [Mellie](https://www.mellie.com) for a free consultation.

My parents are still independent and self-sufficient. I've noticed some changes, but they are still managing just fine and don't want help from me.

Take this time to prepare - have conversations about their future care and make sure their documents are in order. It's much easier to do this now - you don't want to wait until there is a crisis that forces you to have these conversations. Mellie can provide you with a planning checklist and help you initiate these conversations so that you are prepared when the time comes.

One of my parents cares for the other or my sibling provides the care. They don't need or want my help.

This can quickly escalate into an urgent situation if the primary caregiver is unavailable. A sudden diagnosis requiring treatment or a hospitalization may mean that they are unable to provide care and that they themselves now need help. Take the time now to ensure you know what needs to be done if you have to take over and consult with Mellie to make sure everything is covered.

My loved one is having a minor (or major) procedure.

People often plan for a procedure but not for the post-procedure. They don't anticipate how even a minor procedure may impact their functioning and daily life. Mellie can provide you with resources to assist with the recovery or serve as an advocate with the healthcare system.

I don't need help now since I've already gotten their affairs in order, brought care into the home or they have moved to a more supportive environment.

Even as an experienced caregiver, it's worth reviewing your loved one's situation with Mellie to ensure that you are accessing all available resources - there may be community services, financial assistance, assistive technology or home safety devices that were not previously available.