

DETROIT  
HISTORICAL  
SOCIETY



Wellness Category	Prizes
<b>Quarterly Raffle</b> 3 winners drawn from everyone who earns over 300 points	<b>\$50 each</b>
<b>Annual Raffle</b> 1 winner drawn from anyone who reaches 4000+ points by 12/31/2024	<b>\$150</b>

## Want to win?

- Log onto [www.kapnickstrive.com](http://www.kapnickstrive.com)
- Complete the Health Risk Assessment
- Track your day to day wellness activities (Steps, nutrition, exercise, doctor visits, etc)
- Participate in wellness events sent to you via email

