

We are pleased to provide the Kapnick Strive on-site biometric health screenings again this year to **all full-time, benefits-eligible employees AND spouses covered on a medical plan**. This offering enables you to:

- Know your numbers
- Manage your existing health
- Improve on areas that demonstrate future risk

In addition to offering this program to you at no charge, we will again provide an incentive for meeting the qualifying criteria and improving your health over time.

After completing your health screening, you will receive a health report containing your biometric measurements to give you an objective view of your health risks and link those risk factors to your lifestyle choices.

The information obtained is strictly confidential and will not be shared with anyone at Kapnick Insurance Group or your employer.

## QUESTIONS?

For questions or more information, contact the Strive team.



877-233-2296



strive@kapnick.com



Scan the QR code to explore your Health Hub and learn about the health screenings.



## HEALTH SCREENING INFORMATION

To: All Royal Truck & Utility Trailer Employees  
June 25, 2025



# SCREENING DATES & TIMES

ALL SCREENING EVENTS 8:30 AM - 12:00 PM EST	
LOCATION	DATE(S)
Northville	Tuesday, July 29
	Saturday, August 2
Dearborn	Wednesday, July 30
	Thursday, July 31
	Saturday, August 2
Warren	Thursday, August 7
	Saturday, August 9
Corporate West	Saturday, August 2
Gaylord	Wednesday, July 30
Grand Rapids	Monday, July 28
Hudsonville	Tuesday, July 29
Wixom	Friday, August 1

## How to Schedule Your Screening

Starting **July 1, 2025**, schedule your biometric health screening appointment through your wellness portal at [www.kapnickstrive.com](http://www.kapnickstrive.com).

*We highly recommend scheduling an appointment to secure your spot.*

## Screening Logistics

Each on-site health screening appointment lasts 10-15 minutes and is conducted by a professional, certified nurse or phlebotomist.

# NEED TO KNOW

## Completing Your HRA

To qualify for the incentive, complete an online Health Risk Assessment (HRA) in addition to your health screening. The HRA appears at your first portal login each year, with a lifestyle report available on the assessment page after completion.

## Accessing Your Health Report

Within 7-10 business days after your screening, you can access your confidential health report on the wellness portal at [www.kapnickstrive.com](http://www.kapnickstrive.com).

Your report includes your personal health score, a number based solely on your screening results, ranging from 0-100, with 100 being 'ideal' health. This score reflects only modifiable risk factors, empowering you to improve your health through lifestyle changes.

## Reasonable Alternative Standard (RAS)

If you are a repeat participant who has not met the incentive criteria, you can still qualify for the incentive by enrolling in the Reasonable Alternative Standard (RAS) program. This 6-week telephonic program pairs you with a health coach to review your results and create a personalized well-being plan. Enrollment deadline: **August 22, 2025**. Completion deadline: **October 17, 2025**.



## 2025 Premium Incentive

In place of a PTO incentive, screening participants are now eligible to receive a reduction on their health insurance premium by meeting the qualifying criteria.

	Single Coverage	Family Coverage
No Incentive Standard Rate	Employee does <b>NOT</b> meet criteria	Employee <b>AND</b> spouse do <b>NOT</b> meet criteria
Half Incentive	X	Employee <b>OR</b> spouse do <b>NOT</b> meet criteria
Full Incentive	Employee meets criteria	Employee <b>AND</b> spouse meet criteria

## First Time Participants

- ✓ Complete the online HRA
- ✓ Complete the biometric health screening
- ✓ View & acknowledge your health report in the Kapnick Strive Wellness Portal no later than October 17, 2025

## Repeat Participants

- ✓ Complete the online HRA
- ✓ Complete the biometric health screening
  - ✓ Score 70 or higher **OR**
  - ✓ Improve previous score 5+ points **OR**
  - ✓ Complete the RAS health coaching program
- ✓ View & acknowledge your health report in the Kapnick Strive Wellness Portal no later than October 17, 2025