



DIABETES MANAGEMENT PROGRAMS



TAKE CHARGE OF YOUR HEALTH

The **Livongo** for diabetes program makes living with diabetes easier by providing you with a connected meter, unlimited supplies, and coaching.

The program is offered at no cost to members and covered dependents with type 1 or type 2 diabetes and coverage is offered through your employer's sponsored BCBSM health plan.

CLAIM YOUR PROGRAM BENEFITS



SMART DEVICES

- Access to an advanced blood glucose meter
- Track your numbers, watch trends, and download reports

SUPPORT WHEN YOU NEED IT

- 24/7 one-on-one expert coaching when you need it
- Support immediately after out-of-range device readings

NO CHARGE TO YOU

- Unlimited strips and lancets delivered to your home
- Personalized insights

HOW IT WORKS



GET STARTED

- If you're eligible, BCBSM will send you an email and a letter in the mail
- Visit join.livongo.com/BLUECROSSMI-START/register or call 800.945.4355 (use registration code BLUECROSSMI-START)
- Receive a personalized program based on your information

WHAT TO EXPECT

- A welcome kit will be sent to you in addition to free supplies as needed
- Access to remote monitoring, coaching, and nutrition tips
- Health summary reports are available for sharing with your family and providers