



September

CHILDHOOD OBESITY

AWARENESS MONTH



Did you know that 1 out of every 3 children in the U.S. are overweight or obese?

Childhood obesity puts kids at risk for health problems that were once seen only in adults, like type 2 diabetes, high blood pressure, and heart disease. The good news? Childhood obesity can be prevented.

To learn more about risk factors and prevention, [click here](#) or visit the [cdc.gov](https://www.cdc.gov).

