

THRIVING WITH PURPOSE: ALIGNING ACTIONS WITH VALUES



Kapnick
Strive

WHAT ARE VALUES?

Values are the **guiding principles that shape your decisions, behaviors, and life's purpose.** They help us prioritize what truly matters and influence how we navigate challenges.

EXAMPLES OF COMMON VALUES:

Kindness	Courage	Humility
Fun	Achievement	Persistence
Playfulness	Learning	Generosity
Integrity	Discipline	Honesty
Purpose	Vision	Compassion
Ambition	Respectfulness	Service
Individuality	Flexibility	Creativity
Community	Equality	Optimism

TIPS FOR THRIVING WITH PURPOSE:

- **Reflect:** Take time to identify what truly matters to you.
- **Set Goals:** Align your daily actions with your core values.
- **Evaluate:** Regularly assess whether your decisions honor your values.
- **Stay Flexible:** Adjust your approach as your life evolves.
- **Celebrate:** Acknowledge milestones that reflect your purpose.

Join our webinar on **March 26th, 2025**, from 12:00–12:30 PM EST! Discover how identifying your core values can help you align your actions and achieve greater personal and professional fulfillment.

Scan to register or visit [here!](#)

