



Diabetes Awareness Month

NOVEMBER

Did you know that **38.7 million people** of all ages in the U.S., **11.9% of the population**, have diabetes?

Every November is a time to highlight the impact of diabetes and the importance of early detection, education, and management. With a focus on healthier lifestyles, regular screenings, and better care, this month encourages proactive steps to prevent diabetes and supports those living with the condition in maintaining their health.

To understand more about diabetes, resources, and how to get involved visit <https://diabetes.org/adm> or scan here:

