Diabetes and Hypertension Solutions

Three solutions—each characterized by an anchor condition—offer a better, more effective way to manage multiple health challenges.

DIABETES MANAGEMENT

- Hypertension
- Dyslipidemia
- · Weight Management
- · Mental Health

PREDIABETES MANAGEMENT

- Hypertension
- Dyslipidemia
- · Weight Management
- · Mental Health

HYPERTENSION MANAGEMENT

- Dyslipidemia
- · Weight Management
- · Mental Health

For members

Personalized, actionable and timely support across multiple conditions

- · Lifestyle behavior change tools
- · Medication optimization
- · Expert health coaching
- · Provider coordination
- Cellular-connected devices
- Personalized plans for reaching health goals

For clients

- · A simple, streamlined enterprise experience
- · Single implementation for multiple condition needs
- · Integrated billing, reporting and outcomes analysis

Our Clinical Results

DIABETES

0.8pt

AVERAGE HbA1c REDUCTION

HYPERTENSION

10mmHg

AVERAGE SYSTOLIC BLOOD PRESSURE REDUCTION

WEIGHT MANAGEMENT

5.5%

YEAR I AVERAGE WEIGHT LOSS

DEPRESSION

55%

PATIENTS WITH MEASURED CLINICAL IMPROVEMENT ON AVERAGE

¹Multiple Chronic Conditions in the United States. RAND Corporation, 2017.

2Data on file (DS-4266).
3Data from 2019 S1 for diabetes, hypertension, and depression. Weight management from data on file (DS-3547).

