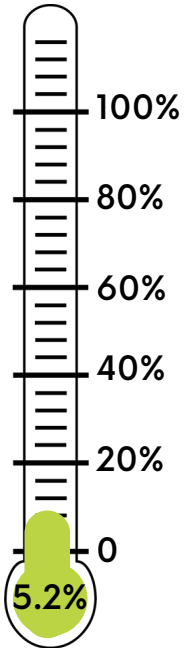


PULSE CHECKS

Client: MCCH

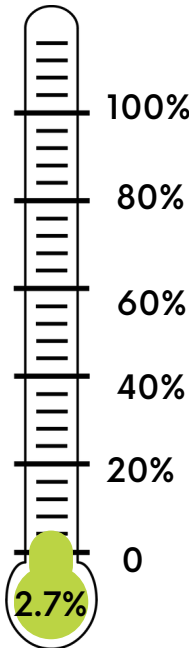
Quarter: 3

Q3: 76
YTD: 172



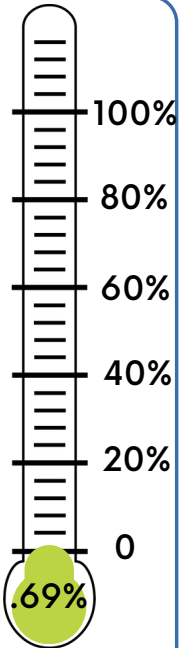
Active
Users

Q3: 40
YTD: 109



Completed
HRA

Q3: 10
YTD: 26



Completed
Well-Visit

Health Hub Analytics

Page Views: 9

Bounce Rate: 40%

Time per Page View: 8 Seconds



Total Points Tracked

Q3: 3,295

YTD: 10,700

End of Quarter Summary

Challenges:

- HIIT for 30:
- # of Total Participants Registered:26

Presentations:

Nutrition 101

Other Event Details:

N/A

Campaign Details:

N/A

QUARTER 4 GOALS/STRATEGIES

Upcoming Events:

- Challenge - No Time like the Pleasant
- Challenge- Maintain Don't Gain

Goals

- **Active Users**
 - 2023 Goal: 15%
 - End of Q4: 7%
 - YTD: 15%
- **Challenge Participation**
 - 2023: 20 per challenge
 - YTD: 23 per challenge on average

Strategies: 1 email per month with links to all relevant information (Weight management guide, link to register for presentations, etc).

2023 Overall Goals/Strategies:

- Focus Strive events on the top risk factors
- 1 page leadership guide for supporting employee wellness
- Employee Needs & Interest survey